

FREEDOM TRAINING - Listening Guide

SESSION 10

The **EVEN Bigger Truth**

The Big Lie:

My Worth = Performance + Approval

Question to ask once an unhealthy emotion has been identified:

Why does that bother me so much?

Two groups of people who can have a difficult time seeing this lie in their lives:

- Successful People
- Well-Liked People

Galatians 2:20

My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. So I live in this earthly body by trusting in the Son of God, who loved me and gave himself for me.

John 1:14

The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.

The **EVEN Bigger Truth:**

My Worth = Grace + Truth

Some of us will let Jesus set us free from our sin but we won't let him set us free from the lie that our worth, value and identity are based on our performance.

Grace replaces performance.

Truth (what God says/thinks about you) replaces what other people's opinions say about you.

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DISCUSSION QUESTIONS:

- 1) Review the 4 steps it takes to live in Freedom and The Big Lie.
- 2) What is the question you can ask to help identify *why* you are believing The Big Lie?
- 3) Why would it be difficult for Successful People and Well Liked People to recognize that they are believing a lie?
- 4) Read Galatians 2:20 together. What is the key phrase in this scripture that can help see our identity differently?
- 5) Read John 1:14 together. What “EVEN Bigger Truth” comes out of this passage?